

Release and Consent Form for Pure Pilates

I am aware that The Pilates Method and Integrated Movement Therapies (IMT)® are not substitutes for medical advice or treatment. Rather these exercises related body-mind techniques are educational approaches to physical fitness and movement retraining that enhance movement function, body awareness, postural and neuromuscular re-patterning, and over all physical health. **If I have a present or future concern that my health condition is at risk with my involvement in any exercise-related movement session with PURE PILATES®, I will consult medical advice before proceeding further with these private or group sessions.** I, therefore, freely consent to participate as a client/student with PURE PILATES® and their instructors.

I am responsible for direct payment for the service rendered and have been informed of the cost for this service.

Cancelation Policy:

Clients are responsible for signing themselves in and out of each group class. If you are unable to attend any of the group classes you have reserved, you will be responsible for removing yourself from that class and any waitlists you may not be able to attend.

If you do not remove yourself from the classes you have booked to attend 1.5 hours before, including those classes where you entered off a waitlist, you agree to the fine of \$30.00 to be charged to your account or to be paid in studio upon your following visit.

Waitlist policy:

If you have been added to a class from the waitlist, you will be notified by email. You are required to remove yourself from any waitlist and/or class you WILL NOT be attending. **Failure to pull yourself out of a class or waitlist 1.5 hours before, will result in a fine of \$30.00 to be charged to the agreed above account or to be paid upon your following visit.**

Cancelation Policy – Privates and Semi-Privates:

Clients are responsible for cancelling or rescheduling with their instructor should they not be able to attend the agreed upon schedule. **Failure to arrive for any scheduled private or semi-private, will result in a loss of that session from the prepaid package.**

Refund Policy:

All packages, class passes and workshops are non-refundable and non-transferable.

Name:

Signature: **Date:**